

MHS Newsletter

Volume 13, Issue 2

September/October 2023

Events

Sept. 18 - Sept.23 Homecoming Week
September 27: HS Late Start at 8:40 a.m.
September 29: Jostens here
October 4: HS Late Start at 8:40 a.m.
October 5: Jostens here to pick up orders
October 11: HS Late Start at 8:40 a.m.,
October 12: Senior Class Photo at 9:30 a.m.
October 13 & 16: No school
October 18: HS Late Start at 8:40 a.m.,
October 19: PSAT Test Report at 7:40 Testing at 8:00 a.m.
October 25: HS Late Start at 8:40 a.m.
October 26: ASVAB testing at 7:40 a.m. P/T Conferences from 4:00 p.m. to 7:30 p.m.
October 27: Senior Pictures Due
November 1: HS Late Start at 8:40 a.m.
November 2: P/T Conferences from 4:00 p.m. to 7:30 p.m.
November 8: HS Late Start at 8:40 a.m.
November 15: HS Late Start at 8:40 a.m.
November 20-24: No School
November 29: HS Late Start at 8:40 a.m.
December 6: HS Late Start at 8:40 a.m.
December 13: HS Late Start at 8:40 a.m.
December 20: HS Late Start at 8:40 a.m.
December 22-January 2: Winter Break
January 3: School Resumes

Notes from the Principal

It's a great time to be a Mustang! #MenomoniePride 2023-2024 School Year

The 2023-2024 school year at Menomonie High School is off to a great start! Our positive culture coupled with a strong academic focus continues to make MHS an inviting and productive place to learn and grow. We are dedicated to ensuring that all students grow academically, feel connected to our building, and have assistance in preparing for their post-secondary opportunities. Please continue to encourage your student(s) to make school a priority so they receive the benefits of what a 9-12 comprehensive high school has to offer. Additionally, please encourage your student(s) to join a club, activity, or sport as these opportunities enhance the overall high school experience. Students interested in additional opportunities outside of the academic day should reach out to an advisor, their counselor, or administration for further details.

The Menomonie High School Student Council and their advisors have planned and are currently preparing for an eventful week of Homecoming Activities. This year's theme is "**USA-It's a STANG NATION**". Some of the activities next week include: wall decorating, float building, grade level skits, dress up days, Game Assembly on Wednesday, Coronation Assembly on Friday, community parade, multiple athletic events including the home football game on Friday, and the Homecoming Dance on Saturday night for our current MHS students. We are happy to be able to offer these events for our students and are excited to see the school spirit they generate.

MHS is continuing its strong tradition of providing learning opportunities connected to a variety of post-secondary options. Through our Academic and Career Planning process, students learn about themselves and develop a plan to achieve the goals they have set for after high school. This year MHS will be taking the Freshman Class to Chippewa Valley Technical College and our Sophomore Class to UW – Stout. Both of these field trips will provide time during the school day for students to learn more about some of the post-secondary options they have in our local areas. Look for additional information coming soon.

First Semester Parent-Teacher Conferences will be held on October 26th and November 2nd at Menomonie High School from 4:00-7:30 p.m. This is a great time to connect with our instructors, learn about what our departments have to offer, and stay up to date on the progress of your students'. Your student's teachers and stay up to date on their progress. Please don't hesitate to reach out any time to the appropriate staff member if you have questions about your student's courses.

Casey Drake, MHS Principal

Follow us on:

Website: mhs.sdmaonline.com

Twitter Accounts:

MHS Mustangs
@mhsmustang1
Menomonie Activities
@MHSMustangs1



Attention Seniors and Parents

The counseling office will be meeting with seniors starting in October to discuss the college application process and how to request transcripts. If your student did not have the Junior conference with their counselor last fall and you still have questions about post-secondary planning, please make an appointment with the appropriate counselor at your earliest convenience at (715) 232-2606 (extension below).

Kayla Hundt, A-F x41371 Alyssa Belko, G-L x41376 Angela Ruchti, M-Se x41372 Lee Vang, Sh-Z x41377

The goal is to have students submit applications to institutions before Thanksgiving break, if they are pursuing college next fall. **Due to some change with the FAFSA this year, student may not apply for financial aid until some time in December. Details will be provided when we have more information. Until then parents may attend a presentation to learn more about Financial Aid on Oct. 26th at 4:30pm in the HS Tiered Lecture Hall, called, "Financial Aid 101: An Introduction for Parents & Students. Here is a short video if you are interested prior to this meeting: http://www.youtube.com/watch?v=H_iS7gmQd9o**

PreACT/ACT/PSAT/ASVAB

This year all high school students in grades 9-11 will participate in the State of Wisconsin administration of the ACT suite of assessments to measure college and career readiness at no cost to families.

- Grade 9 - Pre- ACT Early High School (Spring 2024 - Late April/May)
- Grade 10 – Pre- ACT Early High School (Spring 2024 - Late April/May)
- Grade 11 - PSAT test - October 19, 2023, only 40 tests available. The cost is \$20, sign up in the counseling office. It is recommended for the top 15% of the Junior class on Students qualifying for the National Merit Scholarship must take the test on this date.
- ASVAB - Oct. 26th - Open to Junior & Seniors considering the military. Sign up in the counseling office by Monday Oct. 23th. No cost for assessment.
- ACT March 26, 2024 - Special Note: All 11th Grade students in Wisconsin will be taking the ACT at no cost to families.

For more information, please contact School District of the Menomonie Area Director of Instruction, Brian Seguin.

Jostens at MHS

Sophomores & Seniors

Friday September 29th, Jostens will be here during study hall with important information regarding **Sophomore class rings and Senior Cap/ Gown orders.**

Turn in class ring and cap/gown orders during lunch on **Thursday, October 5th.**

Attention Juniors and Parents

Juniors who are interested in participating in the Senior Internship program next year will be invited to attend an informational meeting during Parent-Teacher Conferences on November 2nd at 6:00 in room 108. This informational meeting is for Juniors and their parents who would like to learn more about the different components of the Senior Internship program. Juniors who are interested will then apply, interview and register with the program coordinator in the career interest area, prior to class registration for 2024-2025.

Attention Class of 2024 Seniors

The deadline for submitting your Senior pictures in the yearbook is Friday, October 27th. Please plan accordingly so the yearbook staff can receive a photo by this date. Photos will be accepted in digital (preferred) or print formats. Please submit your picture to Mrs. DeLong and follow up by making sure your photo is received on the list outside of room 114. If submitting photos via email, please send it to hs_yearbook@msd.k12.wi.us.

If you would prefer, there will be a day in the fall where we can take pictures of individual students at the high school so they have a nice picture included in the yearbook. Please contact Mrs. DeLong or the yearbook staff if you are interested in this. Photos do not need to be professionally taken. If you have questions, feel free to contact Mrs. DeLong through email kate_gallmandelong@msd.k12.wi.us or call (715) 232-2606 ext. 40114.

COLLEGE & CAREER READINESS

Our school counseling department goals are to assist *all* students at MHS to take a variety of courses that will build personal & academic skills and interests in potential college or career areas. In addition, we hope to assist you in exploring different career pathways and college choices by using a variety of tools and delivery methods.

"Time-line" of expected experiences at MHS:

- All students in grades 9-12 will use tools such as "Xello" to assist them in exploring their interests in career pathways. In addition, the Counseling Team has created **Google Classrooms** for **each grade level** this year to house important information, documents, slides, and links that will be resources to them this year and beyond. Students have the option to "invite" their parent or guardian to access this information as well.
- Freshmen & Juniors along with their parents are invited to attend an Academic & Career Planning Presentation for their grade level during PT Conferences on Oct. 26th, 2023. We would like to present information that is meant to help support students in their Academic & Career Planning journey on opportunities in high school, a review of required courses, a review of Senior Internship, and suggested courses based on career pathways and interests. Plan to attend the meeting for your student's grade level

**Junior & Parent ACP Meeting: Thursday, Freshmen & Parent ACP Meeting:
Thursday, Oct. 26th, 2023 at 6:30pm in the HS Tiered Lecture Hall**

- If families would like "Remind Text Alerts" for their students grade level, they can subscribe by texting to the number below using the grade-specific code. This will ONLY be used for reminders from the Student Services Department on key deadlines and due dates related to Academic & Career Planning (application deadlines, scholarship reminders, registration deadlines, college visitors, and more):

Class of 2024: Text 81010 with code: @4e6b344

Class of 2025: Text 81010 with code: @eaf97b9

Class of 2026: Text 81010 with code: @63acg3

Class of 2027: Text 81010 with code: @update2027

SENIORS....are you ready?

- All seniors should have a full schedule and be earning 7.0 credits for this school year and must include English (1.0), Economics (.50cr) & Global Issues (.50cr), in addition to any courses they have not yet completed that are required for graduation. If student think they are missing something - see your counselor ASAP! We are doing our best to review all senior transcripts in the next couple of weeks and will mail a "Senior Status Report/Letter" to all families to verify graduation status. We want all students to be "on track" to graduate with their class on May 24, 2024!
- Counselors will be scheduling BRIEF Senior Conferences this semester to answer any questions students have about their post-secondary plans, employment, financial aid, etc. Seniors should watch their email and notification in the Senior Google Classroom for details!

If you are still "undecided" as to your post-secondary plans, please, see your counselor - we can help! Have a great year - seek us out if you need help with your planning! [Career Link](#)

MHS Counseling Team:

Linda Jolicoeur (Registrar/Secretary)

Kayla Hundt (A-F): kayla_hundt@msd.k12.wi.us

Alyssa Belko (G -L): alyssa_belko.@msd.k12.wi.us

Angela Ruchti (M-Se): angela_ruchti@msd.k12.wi.us

Lee Vang (Sh-Z): lee_vang@msd.k12.wi.us

SOCIAL & EMOTIONAL WELLNESS

- The MHS Student Services Team has a high priority on meeting students' social and emotional needs. This year, students have 3 options to use when they want to meet with their School Counselor:
 - Students can schedule an appointment with their School Counselor using the QR code below, based on available appointment slots each week.
 - If students cannot find an appointment slot available to meet their needs, they can use our "Kiosk" to request an appointment. They have access to that feature on their Chromebook, in ClassLink, or they can also use the Chromebook in the Student Services Office. Once a request is routed to the Counselor, we will schedule a time to meet with students based on their Level of Need indicated in their request.
 - Students should come directly to the counseling office if they have an **immediate need for an adult** and are emotionally upset. For example, if they are fearful of a physical threat towards themselves or someone else, if they or someone else is having suicidal thoughts, or if they need support from our Resource Officer.

Levels of Support for Kiosk Use:

- Level I Request: Need to meet within the week for an Academic/Class concern, to receive college or career support or have questions about career exploration.
- Level II Request: Need to meet within the next day or two for a relationship concern, to help manage stress or anxiety, or help in handling a non-urgent concern with coping skills



BENEFITS OF PUTTING YOUR PHONE AWAY



GET PAID TO WATCH!

Do you have students that participate in extra-curricular activities? Why not get paid to watch their event? Menomonie Transportation is in need of extra-curricular drivers. Drivers are paid from the time they leave the garage until the time they return.

Please contact Menomonie Transportation (715-235-4995) if this piques your interest!

We're here to help you! Know what office to talk to when you call.

Attendance Office - Christa Ogden - ext. 41001 or 715-232-2993

Student will not be at school

Student is leaving school early—appointment

Student has a planned absence—vacation

Have a question about your student's attendance

Nurse's Office - Zong Vang - ext. 40105

Student is sick and would like to leave school

Student is out ill and you would like to request homework from teachers

Food Service - Michelle Belanger - ext. 42124

Questions about lunch account

Student Services - Linda Jolicoeur - ext. 40137 or 715-232-2992

Have a question about your student's schedule

Need a copy of your student's grades

Requesting a transcript

Athletics/Activities Office - Martha Peabody - ext. 41102

You have a question about your student's activity fees or sports paperwork

Would like to purchase an Activities Pass

Want to know if a game has been canceled, what time, or where a game is? Go to www.bigriversconference.org

Main Office - Julie Neubrand - ext. 41002

Have a question about your student's fees—tech print fee, parking, CPR, Water Safety, etc.

General information—date of homecoming, spring break, prom, graduation, last day of school, etc.

All Activities Season Passes

The All Activities Season Passes are available for sale in the Activities Office. It can be used at any sporting event or play throughout the 2023-2024 school year except playoff games. The cost is:

Family Passes - \$100

Dual Pass - \$50- (For adult & one guest)

Student Pass - \$20



Winter Sports Meetings

October 24, 2023 @ 5:00pm

Boys Basketball, Girls Basketball, Dance, Gymnastics, Boys Hockey, Girls Hockey, Boys Swim, and Wrestling

Don't know if you need a physical? Look on the Health Info tab on **Family Access** for the most recent physical date.

Check the MHS website or the Menomonie High School Facebook page for more information closer to the date. Go online to register at <http://msdar.schoolstoday.com>

MHS Coaching Openings

MHS is accepting applications for various assistant coaching positions. Please check WECAN Employment System for positions available. If you are interested, please contact Michelle Guyant-Holloway at michelle_guyantholloway@msd.k12.wi.us

MHS Field House Job Openings

The MHS Field House is accepting applications for lifeguards. This position provides an excellent way for individuals interested in part-time employment with the MHS Field House to gain experience and requisite knowledge that could aid their future employment consideration.

The School District of the Menomonie Area will only accept applications through the WECAN Employment System. If you have questions about these positions, please contact Michelle Guyant-Holloway at 715-232-5420



Notice of Public Health Outreach Services at Menomonie High School:

Dear Students, Parents, and Staff:

Hello! There are a variety of services that are offered at Menomonie High School to help promote student well-being and learning. Some of these services include school counseling, school psychology, school social work, and health services. Another service available to students is public health nursing adolescent outreach services. Public health nurses are available to meet with students individually or in a group setting. Public health nurses from Dunn County Health Department (DCHD) will provide prevention, education, health counseling, consultation and referrals for adolescent health issues. If you do not want your son/daughter to access these services at Menomonie High School please contact the health office at 715-232-2606 ext. 40105. Please contact Ramie McMahon, RN if you have any questions or concerns. Thank you for your time!

Parent-Teacher Conferences

Thursday, October 26: 4:00 p.m. to 7:30 p.m.

Thursday, November 2: 4:00 p.m. to 7:30 p.m.

There will be more information coming on conferences in your email. This is a time to meet with your student's teachers to check on their progress, as well as to ensure they aren't in jeopardy of failing their classes.

DA LY ANNOUNCEMENTS

Like to receive daily announcements and newsletters about upcoming events? You can have them emailed directly to you. Go to <http://menomonie.ss7.sharpschool.com/newsletter> and click Subscribe button in the upper right corner to enter your email address.

School Breakfast & Lunch Program

Breakfast will be **FREE** for all students this school year.

Lunch price **\$2.45**
Reduced - **FREE**



Ala Carte will be available to purchase. If you **do not** want your child to charge ala carte to the lunch account, please change in **Family Access**.

Free or Reduced Lunch

Families who may be experiencing financial hardship are encouraged to apply for the free or reduced lunch program. Guidelines change and family circumstances change as well. Applications are available in the high school office, as well as the district office. Many times our families are struggling to make "ends meet" and if they are eligible for assistance, it could really help their family. In addition, students who meet free or reduced eligibility are often times eligible for other programs. However, if an application is not submitted, they cannot receive that service. To learn more about eligibility criteria or receive an application, contact the Food Service Office at 715-232-2606 ext. 42124.

Please Note:
Picture retakes
are Thursday,
October 5th.

Notes from the Nurse

All students are required to have an up to date immunization record on file by the 30th school day. Parents may sign a waiver for religious, medical, or personal conviction reasons. If your child is out of compliance with the state immunization requirements, you will be contacted. Please contact the Dunn County Health Department at (715) 232-2388 or your health care provider as soon as possible to get the needed vac-



MHS Homecoming Game is September 22nd!
More information about the activities
for the week on page 8.



More Rewards at Marketplace Foods

Coborn's, Inc. has a strong tradition of community caring, service, and support. They emphasize the importance of being involved and giving back. That's why they are pleased to announce that for the 2020-2021 \$150,000 to local schools as part of their new MORE School Rewards program - which replaces their Labels for Learning program.

Sign up at www.MoreRewards.com or through the mobile app and designate your preferred school.



Shop at Marketplace Foods for their store brands (Food Club, Full Circle, Top Care, etc.) to earn points for your school. There's more than 3,000 qualifying items!



Attendance Reminder

Good school attendance is one predicator of academic success. All Menomonie High School Students are required to be in attendance from 7:40 a.m. to 3:15 p.m. Additionally, students are reminded that they have a maximum of 10 school days that can be missed during the school year for personal illness, religious services, and family activities. If a student needs to attend an appointment during school hours, a note from that business office needs to be turned into the Attendance Office upon returning to school so that the absence does not count towards those 10 days. ***If your child will be absent or is leaving during the school day, please call the Attendance Office at (715) 232-2993 or email mhs_attendance@msd.k12.wi.us***

Reminder for Freshmen & Juniors

Please schedule your conference with your counselor.

Parent/Family Online Access

Online Family Access is available for all families in the district. To obtain a username and password, contact the district office at (715) 232-1642. Please, for security reasons, do NOT share your parent login with your child. The beginning of the year forms are available online through Family Access.

Go to www.sdmaonline.com and click on the **Parent Info** link.

Purchase Your Yearbook Online Now!

Reserve your copy of the 2023-24 Yearbook by going online. To purchase go to www.jostensyearbooks.com. Buy now while the yearbooks only cost \$60. Did you know? When purchasing a book on www.jostensyearbooks.com, buyers have the option of paying in 3 equal installments. This new service will make purchasing the book more affordable to families. If you have questions, email hs_yearbook@msd.k12.wi.us. Fall pictures that parents and students want to share with the yearbook staff can also be emailed to the same address or shared on the free app "Replay it" from Jostens!



Backpacks

Menomonie High School will be continuing the rule requiring backpacks be kept in lockers while students are in school. Backpacks can be brought into school to lockers and stored for the day. All students are assigned lockers for the purpose of storing jackets, backpacks and other personal items while they are in class. We saw a decrease in thefts and also a decrease in tardiness and truancy. This has freed up space in hallways and classrooms allowing for better wheelchair access and a less cluttered environment throughout the building. Please see page 25 in the student handbook related to backpacks.

High School Late Starts

High school late starts will continue this year and school will begin at 8:40 a.m. on the Wednesdays as indicated on the high school calendar.

Overview of Homecoming Week

Homecoming Theme:

“USA-It’s a STANG NATION”

Monday Sept. 18th

Spirit Theme: **Workforce**



3:15-6:00 p.m. Wall decorating in commons
Homecoming tickets on sale in the library-\$10.00

Tuesday Sept. 19th

Spirit Theme: **Soccer Mom vs. BBQ Dad**

Commons Wall Decoration Judging before school
Homecoming tickets on sale in the library-\$10.00

Wednesday Sept. 20th

Spirit Theme: **Class Color Day**

Freshman - Red
Sophomore - Blue
Junior - White
Senior - Black
Staff - Maroon



Game Assembly during Study Hall
Homecoming tickets on sale in the library - \$10.00

Thursday Sept. 21st

Spirit Theme: **Decades**

CLASS SKITS video presentation Thursday during
Study Hall Thursday.

Homecoming tickets on sale in the library - \$10.00



Friday Sept. 22nd Homecoming Game!

Spirit Theme: **MHS Colors**—Show your Mustang Pride!
Coronation Assembly

Homecoming tickets on sale in the library - \$10.00

Parade : 4 p.m. [Parade Route](#)

Football game : 7:00 kick off
Menomonie Mustangs vs North Huskies

Live Stream -

<https://www.team1sports.com/highschool/wi/?S=menomoniemustangs&B=600267>



Saturday Sept. 23rd - Homecoming Dance 8 -11:00

All school pictures - Wakanda Park 3-5 pm

All must have their student ID
Homecoming tickets on sale at the door -\$12.00

